

DUATHLON RESULTS
 SHERMAN LAKE YMCA "SHERMANATOR" TRIATHLON/DUATHLON/AQUA-BIKE
 SATURDAY, AUGUST 5, 2016

MALE OVERALL WINNER

Place	Oal No.	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	1	317 John Meyers	52	M	2	9:49	0:50	1	26:12	0:55	2	18:19	56:04

FEMALE OVERALL WINNER

Place	Oal No.	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	5	314 Angela Sikkila	40	F	1	10:59	0:59	1	34:20	1:01	1	22:27	1:09:45

MALE AGE GROUP 14 - 15

Place	Oal No.	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	2	318 Joe Meyers	14	M	1	8:24	0:57	1	30:13	0:44	1	16:31	56:48

FEMALE AGE GROUP 25 - 29

Place	Oal No.	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	14	307 Emelia Hirschman	29	F	1	20:53	1:19	1	56:50	1:17	1	46:19	2:06:35

FEMALE AGE GROUP 35 - 39

Place	Oal No.	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	10	310 Lindsay Meulman	39	F	1	13:31	1:26	1	41:25	0:57	1	26:11	1:23:28
2	12	120 Theresa Burks	36	F	2	15:35	3:02	2	41:49	2:45	2	34:07	1:37:16

MALE AGE GROUP 40 - 44

Place	Oal No.	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	9	309 Anthony Lang	43	M	1	11:56	1:21	1	38:12	1:21	1	25:07	1:17:55
2	11	311 Paresh Pai	41	M	2	12:56	1:23	2	48:04	1:24	2	28:27	1:32:12

FEMALE AGE GROUP 40 - 44

Place	Oal	No.	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	13	304	Fara Dortch	42	F	1	20:57		1	58:28	1:20	1	46:09	2:06:27

MALE AGE GROUP 45 - 49

Place	Oal	No.	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	4	313	James Sherman	45	M	2	11:23	1:07	1	28:22	1:05	2	22:22	1:04:17
2	6	301	Tad Blankenburg	48	M	1	11:10	1:31	2	35:18	1:13	1	21:36	1:10:47

FEMALE AGE GROUP 45 - 49

Place	Oal	No.	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
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MALE AGE GROUP 50 - 54

Place	Oal	No.	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	7	316	James Vandermeer	54	M	1	12:35	2:08	1	32:51	2:14	1	26:10	1:15:57

FEMALE AGE GROUP 50 - 54

Place	Oal No.	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
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MALE AGE GROUP 55 - 59

Place	Oal No.	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
=====	====	=====	==	=	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	3	312 Trent Schafer	55	M	1	10:16	0:47	1	32:40	0:33	1	19:12	1:03:26

MALE AGE GROUP 65 - 69

Place	Oal No.	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
=====	====	=====	==	=	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	8	308 Dave Lamb	67	M	1	12:36	2:27	1	35:44	2:30	1	23:02	1:16:17