SHERMAN LAKE YMCA "SHERMANATOR" **Duathlon Age Group Results**
SATURDAY, AUGUST 2, 2014

MALE OVERALL WINNER

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	1	156	Josh Haas	33	M	4	10:30	0:49	2	26:23	0:38	2	22:58	1:01:15

FEMALE OVERALL WINNER

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	4	154	Chris Gaudard	48	F	2	10:26	1:32	3	33:02	1:10	1	21:14	1:07:23

MALE MASTERS WINNER

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	2	174	Mathew Van Vleck	47	M	1	9:37	1:14	2	30:48	1:05	1	21:07	1:03:49

FEMALE MASTERS WINNER

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	16	171	Christine Walker	43	F	1	12:05	0:50	2	39:00	1:00	1	27:27	1:20:19

MALE AGE GROUP 1 - 11

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

FEMALE AGE GROUP 1 - 11

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

MAE AGE GROUP 12 - 13

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

FEMALE AGE GROUP 12 - 13

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

MALE AGE GROUP 14 - 15

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

FEMALE AGE GROUP 14 - 15

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

MALE AGE GROUP 16 - 17

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

FEMALE AGE GROUP 16 - 17

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	5	152	Natalie Devries	16	F	1	9:57	0:47	1	33:20	0:44	1	22:36	1:07:23

MALE AGE GROUP 18 - 19

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

FEMALE AGE GROUP 18 - 19

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

MALE AGE GROUP 20 - 24

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

FEMALE AGE GROUP 20 - 24

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

MALE AGE GROUP 25 - 29

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

FEMALE AGE GROUP 25 - 29

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	12	167	Kori Monaweck	29	F	1	12:15	0:43	1	34:22	1:17	1	27:34	1:16:08
2	13	153	Carolyn Douglass	26	F	2	12:39	1:15	2	34:25	1:12	2	28:06	1:17:35

MALE AGE GROUP 30 - 34

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	10	168	Tony Pedrolini	33	M	1	11:16	2:18	1	33:19	2:28	1	25:00	1:14:20

FEMALE AGE GROUP 30 - 34

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	8	163	Maria Klein	34	F	1	11:16	1:10	1	31:41	1:14	1	24:47	1:10:06
2	20	169	Jaci Skupien	34	F	2	12:39	0:49	2	42:37	0:37	2	33:21	1:30:02

MALE AGE GROUP 35 - 39

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

FEMALE AGE GROUP 35 - 39

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	7	159	Reese Hughes	37	F	1	11:21	1:09	1	32:36	0:56	1	23:52	1:09:52
2	14	157	Haley Henderson	39	F	2	11:28	1:04	2	37:17	0:53	2	27:11	1:17:51
3	23	170	Jennifer Valdez	39	F	3	16:29	1:54	3	45:14	0:44	3	42:05	1:46:23

MALE AGE GROUP 40 - 44

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

FEMALE AGE GROUP 40 - 44

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	16	171	Christine Walker	43	F	1	12:05	0:50	1	39:00	1:00	1	27:27	1:20:19
2	22	158	Lisa Holmes	40	F	2	16:31	1:56	2	42:54	4:16	2	40:49	1:46:23

MALE AGE GROUP 45 - 49

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	2	174	Mathew Van Vleck	47	M	1	9:37	1:14	2	30:48	1:05	1	21:07	1:03:49
2	3	162	Scott Hutchings	48	M	3	10:22	0:36	1	0:16	30:12	3	25:56	1:07:20
3	6	149	Bob Emery	49	M	2	10:21	0:51	3	33:35	0:52	2	23:10	1:08:46
4	11	151	Brian Devries	46	M	4	11:54	1:26	5	34:13	1:55	4	26:25	1:15:51
5	18	166	Robert Miller	45	M	5	15:41	2:20	4	33:43	1:34	5	32:37	1:25:52

FEMALE AGE GROUP 45 - 49

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

MALE AGE GROUP 50 - 54

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	15	160	Douglas Hutchings	53	M	1	11:51	1:15	1	32:58	1:36	1	31:58	1:19:36

FEMALE AGE GROUP 50 - 54

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	19	161	Kelly Hutchings	52	F	1	14:01	1:44	1	38:28	1:56	1	31:07	1:27:14

MALE AGE GROUP 55 - 59

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	9	165	Michael Laragy	59	M	2	13:38	0:47	1	35:34	0:44	1	23:19	1:14:00
2	17	155	Kevin Grossheim	57	M	1	12:29	1:22	2	35:51	1:20	2	30:15	1:21:14

FEMALE AGE GROUP 55 - 59

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final
1	21	164	Kathleen Laragy	58	F	1	16:17	0:36	1	44:43	0:59	1	32:44	1:35:17

MALE AGE GROUP 60 - 64

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

FEMALE AGE GROUP 60 - 64

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

MALE AGE GROUP 65 - 69

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

FEMALE AGE GROUP 65 - 69

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

MALE AGE GROUP 70 - 89

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final

FEMALE AGE GROUP 70 - 89

Place	Oal	Bib#	Name	Ag	S	Rank	Swim/ru	Trans1	Rank	Bike	Trans2	Rank	Run	Final